



NL Jr./Sr. High School 14665 Route 22 New Lebanon, NY 12125 Ph: 518-794-7600

Fax: 518-766-6265

Walter B. Howard Elementary School 1478 Route 20 New Lebanon, NY 12125 Ph: 518-794-8554,

Fax: 518-766-2220

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### DISTRICT SCHOOL PHYSICALS

DEAR PARENT/GUARDIAN:

Per New York State **Commissioner's Regulations 136.3 (c) (1) (iii)**, students entering grades **Pre-K, K, 1, 3, 5, .0** to the district, are required to have a physical exam. *If your child is entering these grades, they will require an updated physical for the 2023-2024 School Year.*

NLCSD is offering physicals for those students who are unable to get appointments with their primary doctor or are past due on school physical requirements. NL District Medical Director will be performing **DISTRICT PHYSICALS on October 24th during school hours.**

Thank you,

High School Health Office

Phone: 518-794-8554, Option 1, Option 3

Fax: 518-766-2220

Student Name \_\_\_\_\_ Grade \_\_\_\_\_

**Yes**, I would like my child to have a routine physical exam by the NLCSD Medical Director.

**No**, I do not want my child to have a district physical exam at this time. My child has a physical scheduled with their pediatrician on \_\_\_\_\_.

Parent Signature: \_\_\_\_\_ Date \_\_\_\_\_