



**TWIN COUNTY
RECOVERY SERVICES**

"focused on the future, one day at a time"

WWW.TWINCOUNTYRECOVERYSERVICES.ORG

Dear District Families:

I would like to introduce myself as the new Prevention Specialist from Twin County Recovery Services. My name is Zoe Haller. Twin County Recovery Services is a not-for-profit agency based in Greene and Columbia County. We work with the community to provide prevention, substance abuse treatment, and residential care (<https://www.twincountyrecoveryervices.org/>). I am very excited for this new opportunity in Columbia County and your community.

My role as the Prevention Specialist will be to come into the classroom for 30-minute periods to teach evidence-based Social Emotional learning. For grades Pre-K to 2nd I am able to teach Incredible Years (<https://www.incredibleyears.com/>) and for 3rd – 12th grade I am able to teach Botvin Life skills (<https://www.lifeskillstraining.com/>).

I will be able to provide Prevention Counseling, for students who meet the criteria for one-on-one support. In Prevention Counseling I will be able to assess their needs to provide counseling and/or additional resources. Prevention counseling is short-term, problem-resolution focused activity/intervention to prevent, delay, or reduce substance use, problem gambling, and the negative consequences caused by these behaviors. It includes screening and assessment for risk & protective factors, and referral of individuals with symptoms of substance use, problem gambling, mental, emotional, educational, or social problems to the appropriate treatment and support services. Referrals can be made by families, school staff, and students themselves.

If you have any questions or would like further information – please reach out to my supervisor Tara Eldred (tarae@twincountyrecoveryervices.org)

You can reach out to me at Zoeh@twincountyrecoveryervices.org

I look forward to providing prevention services to your community.

Thank you,

Zoe Haller
Prevention Specialist



OUTPATIENT CLINIC, PH: 518.828.9300 GREENER PATHWAYS, PH: 518.828.9300, ext 2101
350 POWER AVE HUDSON NY 12534

RED DOOR MEN'S RESIDENCE, PH: 518.822.0090
437-441 COLUMBIA ST HUDSON NY 12534

OUTPATIENT CLINIC, PH: 518.943.2036 RIVERSIDE WOMEN'S RESIDENCE, PH: 518.943.2744
PREVENTION PH: 518.943.2036, ext 3311
428 W. MAIN ST CATSKILL NY 12414