



Walter B. Howard
Elementary
School

Dear Parent/Guardian,

Cold and flu season is upon us. As a school community, our students' health and safety is a number one priority. It is our goal to stop the spread of germs and viruses among students, faculty and staff.

To reduce contagion, we ask you to follow these protocols from the Center for Disease Control:

- If your child is vomiting, he or she must remain home until the vomiting has ceased for 24 hours.
- If your child has a fever, he or she must remain home for 24-hours fever free WITHOUT taking any kind of fever reducing medication (Tylenol or ibuprofen).

Please call the health office with any questions.

Thank You,

Christina Seyerlein, LPN

794-8554

Cheryle Rice, RN

794-7600

www.cdc.gov/h1n1flu/schools/toolkit/pdf/parentfactsheet.pdf



1478 Route 20
New Lebanon,
New York
12125

phone: 518.794.8554
fax: 518.766.2220

www.newlebanoncsd.org