



OCTOBER 2021 Junior/Senior High School

This is an Equal Opportunity
Provider & Employer.
MEALS FREE FOR ALL
STUDENTS TILL 6/2022
No charging of ala carte meals

Monday

Tuesday

Wednesday

Thursday

Friday

1

Cheese Pizza
Carrots
Fruit

4

Pasta & Marinara
Cheese Sticks
Green Peas
Fruit

5

Warm Ham & Cheese Wrap
Baked Beans
Fruit

6

Turkey
Mashed Potato
Sweet Potato
Fruit

7

Cheeseburger on a bun
Green Beans
Fruit

8

Cheese Pizza
Steamed Broccoli
Fruit

11

Columbus Day

No School

12

Cheese Dippers
w/sauce
Roasted Chickpeas
Fruit

13

Turkey & Cheese
Flatbread
Raw Carrots
Fruit
BOD Mtg. @ 7

14

Chicken Cordon Blue
On a Bun
Sweet Corn
Fruit

15

Cheese Pizza
Steamed Spinach
Fruit

18

Cheese Quesadilla
w/dipping sauce
Green Peas
Fruit

19

Taco Wrap
Warm Seasoned
Black Bean
Fruit

20

Sloppy Joe on a bun
Mashed Potatoes
Fruit

21

Chicken Nuggets
w/bread
Green Beans
Fruit

22

Cheese Pizza
Steamed Broccoli
Fruit

25

Baked Rotini
Cucumber Slices
Fruit

26

Hot Dog on a Bun
Baked Beans
Fruit

27

Taco Pasta
Carrots
Fruit

28

Chicken Pattie on a Bun
Sweet Corn
Fruit

29

Early Dismissal
Parent/Teacher Conf. PK-12
Cheese Pizza
Steamed Broccoli
Fruit

Daily: Peanut Butter & Jelly - Sandwich of the day- Garden Salad.

All Breakfast/Lunch meals are free till June 2022. Second meals: \$2.35 Milk (8 oz.) 1% white and FF Chocolate \$.55

No charging snacks unless student has money on account. Any questions contact: Pat Metzler 518-794-7600, opt.2,opt.7/ pmetzler@newlebanoncsd.org

Free/Reduce Applicatons are available in Main office

