

# JANUARY 2022

## Walter B Howard Elementary

This is Equal Opportunity  
Provider & Employer  
MEALS ARE FREE FOR ALL  
STUDENTS

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>3</b></p> <p>Corn Dog Baked Beans Fruit</p>	<p><b>4</b></p> <p>Taco Wraps Green Peas Fruit</p>	<p><b>5</b></p> <p>Sloppy Joe on a Bun Sweet Corn Fruit</p>	<p><b>6</b></p> <p>Breakfast Sandwich Cooked Carrots Fruit</p>	<p><b>7</b></p> <p>Cheese Pizza Broccoli Fruit</p>
<p><b>10</b></p> <p>Baked Rotini Green Beans Fruit</p>	<p><b>11</b></p> <p>Chili w/Black Bean Green Peas Fruit</p>	<p><b>12</b></p> <p>Roasted Turkey Mashed Potato Sweet Corn Fruit</p>	<p><b>13</b></p> <p>Mac n Dog Cooked Carrots Roasted Chickpeas Fruit</p>	<p><b>14</b></p> <p>Cheese Pizza Broccoli Fruit</p>
<p><b>17</b></p> <p>MLK Day</p>	<p><b>18</b></p> <p>Salsa Chicken Steamed Brown Rice Black Beans Fruit</p>	<p><b>19</b></p> <p>BBQ Pulled Turkey on a Bun Steamed Carrots Fruit</p>	<p><b>20</b></p> <p>Goulash Tossed Salad Fruit</p>	<p><b>21</b></p> <p>No School</p>
<p><b>24</b></p> <p>Chicken Pattie on a Bun Baked French Fries Fruit</p>	<p><b>25</b></p> <p>Seasoned Pork over Brown Rice Sweet Corn Fruit</p>	<p><b>26</b></p> <p>Hot Dog on a Bun Cooked Carrots Fruit</p>	<p><b>27</b></p> <p>Taco Salad Black Bean &amp; Tomato Salad Fruit</p>	<p><small>normal</small> <b>28</b></p> <p>Cheese Pizza Broccoli Fruit</p>
<p><b>31</b></p> <p>Mac N Cheese Green Beans Fruit</p>				

Daily: Peanut butter & Jelly, Sandwich of the day, Garden Salad  
ALL Breakfast/Lunch meals are free till June 2022. Second lunches are \$2.35.  
Milk (8oz.) 1% white or Fat Free Chocolate, \$.55

No charging of snacks unless there is money on students account. Any questions feel free to contact Pat Metzler