

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast 3 Warm Muffin w/yogurt Lunch Chicken Nuggets w/roll Steamed Brown Rice	Breakfast 4 Pop tart Lunch Taco Wrap Black Bean/Tomato Salad	Breakfast 5 Hot Breakfast Lunch Chicken Fajita Wrap Carrots	Breakfast 6 Bagel w/cream cheese Lunch *Pasta Bar Romaine & Spinach Salad	No School 7 *Pasta Bar Choices Red Sauce White Sauce Meat or Chicken
10 Spring Recess	11 Spring Recess	12 Spring Recess	13 Spring Recess	14 Spring Recess
Breakfast 17 Warm Muffin w/yogurt Lunch Chicken Patties on a Bun Green Beans	Breakfast 18 Pop tart Lunch Sloppy Joe on a Bun Chickpeas	Breakfast 19 Hot Breakfast Lunch Ham N Cheese Calzone Carrots	Breakfast 20 Bagel w/cream cheese Lunch Pasta w/ meat sauce Tossed Salad	Breakfast 21 Cereal or Cereal Bar Lunch Cheese Pizza Steamed Broccoli
Breakfast 24 Warm Muffin w/yogurt Lunch Fish Sticks w/tartar sauce WG Bread & Green Beans	Breakfast 25 Pop tart Lunch Chili Steamed Brown rice & Corn	Breakfast 26 Hot Breakfast Lunch Pasta w/Marinara Cheese stk. & Carrots	Breakfast 27 Bagel w/cream cheese Lunch Cheeseburger On a Bun BBQ Veggies	Breakfast 28 Cereal or Cereal bar Lunch Cheese Pizza Steamed Broccoli



All Breakfast offer milk, fruit, 100% juice **ALL Lunches** offer Vegetable, Fruit, Milk Daily: Peanut butter & Jelly, Sandwich of the day, Mon.-Fri, Garden Salad M-W-F Tiger Pack T-TH
 Get your application from main office or our website, ALL Breakfast/Lunch meals are **no longer free** to all. Second lunches are \$1.75.
 Milk (8oz.) 1% white or Fat Free Chocolate.\$55 Menu subject to change.

No charging of snacks unless there is money on students account. Any questions feel free to contact Pat Metzler 518-794-7600 ,opt.2 ,opt.7