



OCTOBER 2026

Junior/Senior High School

Monday

Tuesday

Wednesday

Thursday

Friday

5
Chicken Nuggets
WG Bread
Green Beans
Fruit

6
Fish Nuggets
Oven Fries
Fruit

7
Corn Dogs
Baked Beans
Fruit

1
Chicken & Rice Bowl
Sweet Corn
Fruit

2
Stuffed Crust Cheese
Pizza
Steamed Broccoli
Fruit

12
Indigenous
Day

13
Chicken Pattie on a Bun
Green Bean
Roasted Chickpeas
Fruit

BOD @ 7
14
Chicken Alfredo
Garlic Bread
Sweet Corn
Fruit

3
Toasted Cheese on
croissant
Tomato Soup
Steamed Carrots
Fruit

9
Stuffed Crust Cheese
Pizza
Romaine/Spinach Salad
Fruit

19
Chicken Nuggets
WG Bread
Green Beans
Fruit

20
Chili w/corn muffins
Black Beans
Sweet Corn
Fruit

21
Mashed Potato Bowl
Sweet Corn
Fruit

Garden Harvest
22
Oven Roasted Chicken
Steamed Carrots
Apple/Zucchini Bread
Fruit

23
Early Dismissal pk-12
Bagged Lunch
Bagel
Cheese Stick
Carrots & Fruit

26
Chicken Nuggets
WG Bread
Green Beans
Fruit

PK-6 Dismissal
27
Bagged Lunch
Bagel
Cheese Stick
Carrots & Fruit

28
Spaghetti w/meat sauce
Sweet Corn
Fruit

29
Stuffed Crust Cheese
Pizza
Steamed Broccoli
Fruit

30
GOUUULASH
DRAGON TOES
BOOOOBERIES

Oct.01-02 Tuna Boat, Oct.05-09 Egg Salad, Oct.13-16 Ham & Cheese, Oct.19-23, Turkey & Cheese, Oct.26-30 Ham ,Turkey & Cheese Sandwich
Mon-Tiger pack Tues- Cub Pack Thurs. Pretzel pack, Wed- Chicken Pattie. PBJ available every day, 8 oz. NYS FF Choc & 1% white milk, Whole Milk,- Skim
available \$.65 Any questions feel free to reach out by phone or email to Pat Metzler, 518-794-7600, opt. 2, opt.7 or email pmetzler@newlebanoncsd.org
All students must take **three** items, one being a fruit or vegetable. Snacks are available for purchase. No Charging of snacks unless there is money on
Account.