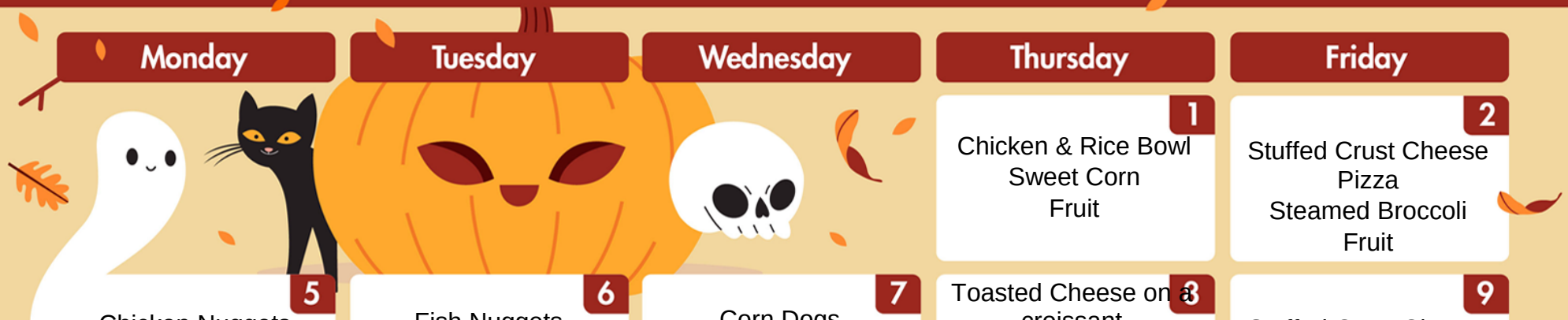
LUNCH

OCTOBER 2026

Walter B Howard Elementary

This institution is an Equal Opportunity Provider and Employer
Menu subject to change



Monday	Tuesday	Wednesday	Thursday	Friday
			1 Chicken & Rice Bowl Sweet Corn Fruit	2 Stuffed Crust Cheese Pizza Steamed Broccoli Fruit
5 Chicken Nuggets Dinner roll Green Beans Fruit	6 Fish Nuggets Oven Fries Fruit	7 Corn Dogs Baked Beans Fruit	8 Toasted Cheese on a croissant Tomato Soup Steamed Carrots Fruit	9 Stuffed Crust Cheese Pizza Romaine Salad Fruit
12 Indigenous Day	13 Chicken Pattie on a Bun Green Bean Roasted Chickpeas Fruit	BOD @ 7 14 Chicken Alfred Garlic Bread & Sweet Corn Fruit	15 Sloppy Joe on a Bun Steamed Carrots Fruit	16 Stuffed Crust Cheese Pizza Steamed Broccoli Fruit
19 Chicken Nuggets Dinner roll Green Beans Fruit	20 Chili w/corn muffins Black Beans Sweet Corn Fruit	21 Mashed Potato Bowl Sweet Corn Fruit	22 Oven Roasted Chicken Steamed Carrots Apple Bread Fruit	PK-12 Early dismissal 23 Bagged Lunch Goldfish Crackers Cheese Stick Carrots & Fruit
26 Chicken Nuggets Dinner roll Roasted Chicken Peas Fruit	PK-6 Dismissal 27 Bagged Lunch Bagel Cheese Stick Carrots & Fruit	28 Spaghetti w/meat sauce Sweet Corn Fruit	29 Stuffed Crust Cheese Pizza Steamed Broccoli Fruit	30 GOUULASH Dragon Toes BOOOBERRIES

Oct.01-02 Tuna Boat, Oct.05-09 Egg Salad, Oct.13-16 Ham & Cheese, Oct.19-23, Turkey & Cheese, Oct.26-30 Ham ,Turkey & Cheese Sandwich

Mon-Tiger pack Tues- Cub Pack Thurs. Pretzel pack, Wed- Chicken Pattie. PBJ available every day, 8 oz. NYS FF Choc & 1% white milk, Whole Milk,- Skim available $.65 Any questions feel free to reach out by phone or email to Pat Metzler, 518-794-7600, opt. 2, opt.7 or email pmetzler@newlebanoncsd.org .

Students must take **three** items, one being a fruit or vegetable. Snacks are available for purchase. No Charging of snacks unless there is money on account