

# APRIL 2024

## Junior/Senior High School

**ALL STUDENTS EAT  
BREAKFAST/LUNCH FOR  
FREE**  
NLCSO IS NOW CEP  
This Intuition is an Equal Opportunity  
Provider and Employer

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

1

Spring  
Recess

2

Spring  
Recess

3

Spring  
Recess

4

Spring  
Recess

5

Spring  
Recess

8

**Breakfast**  
Warm Muffin  
Juice & Fruit

**Lunch**

Deli Day

**Ham & Cheese**

Chips, Pickles, Baked Beans  
Fruit

9

**Breakfast**  
Bagel w/cc  
Fruit & Juice

**Lunch**

**Spaghetti w/meat sauce**

Steamed Carrot  
Fruit

10

**Breakfast**  
Hot Breakfast  
Fruit & Juice

**Lunch**

**Chicken Pattie on a Bun**

Green beans  
Fruit

11

**Breakfast**  
Bagel w/cc  
Fruit & Juice

**Lunch**

**Chicken & Gravy**

Over Brown Rice  
Green Beans

12

**Breakfast**  
Cereal or Pop tart  
Juice and Fruit

**Lunch**

**Cheese Pizza**

Steamed Broccoli  
Fruit

15

**Breakfast**  
Warm Muffin  
Juice & Fruit

**Lunch**

**Hot Dogs on a Bun**

Baked Beans  
Fruit

16

**Breakfast**  
Bagel w/cc  
Fruit & Juice

**Lunch**

**Baked Taco Pasta**

Raw carrots  
Fruit

17

**Breakfast**  
Hot Breakfast  
Fruit & Juice

**Lunch**

**Chicken Nuggets w/bread**

Green beans  
Fruit

18

**Breakfast**  
Bagel w/cc  
Fruit & Juice

**Lunch**

**Mashed Potato Bowl**

Sweet Corn  
Fruit

19

**Breakfast**  
Cereal or Pop tart  
Juice and Fruit

**Lunch**

**Cheese Pizza**

Steamed Broccoli  
Fruit

22

**Breakfast**  
Warm Muffin  
Juice & Fruit

**Lunch**

**Orange Chicken over Rice**

Green Beans  
Fruit

23

**Breakfast**  
Bagel w/cc  
Fruit & Juice

**Lunch**

**BBQ Chicken Mac n Cheese**

Raw carrots  
Fruit

24

**Breakfast**  
Hot Breakfast  
Fruit & Juice

**Lunch**

**Chicken Pattie on a Bun**

Roasted Chickpeas  
Fruit

25

**Breakfast**  
Bagel w/cc  
Fruit & Juice

**Lunch**

**Sloppy Joe on a bun**

Sweet Corn  
Fruit

26

**Breakfast**  
Cereal or Pop tart  
Juice and Fruit

**Lunch**

**Cheese Pizza**

Steamed Broccoli  
Fruit

29

**Breakfast**  
Warm Muffin  
Juice & Fruit

**Lunch**

**Turkey Roll Ups**

Sweet Corn  
Fruit

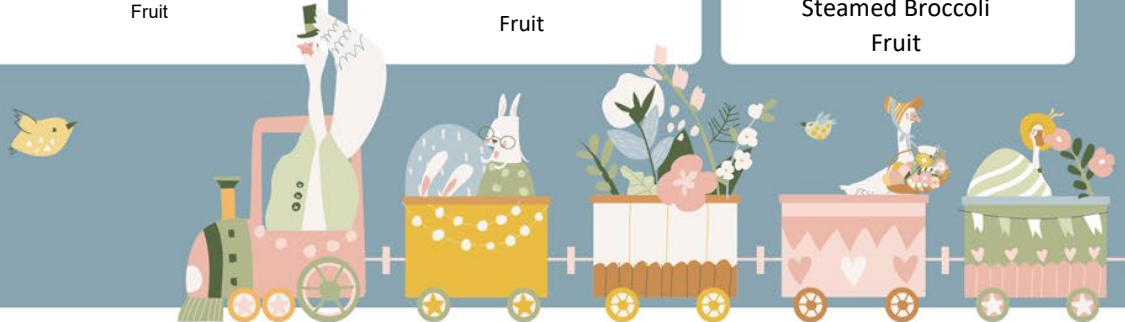
30

**Breakfast**  
Bagel w/cc  
Fruit & Juice

**Lunch**

**Grilled Cheese w/soup**

Steamed carrots  
Fruit



Must take a fruit or Vegetable daily. Menu is subject to change. FF & 1% milk available. Daily: PBJ

April 1 thru April. 5<sup>th</sup> Bologna & cheese, April 08 thru April 12<sup>th</sup>, April 16<sup>th</sup> thru April 19<sup>th</sup>, Ham & Cheese, April 22<sup>nd</sup> thru April 26<sup>th</sup> Mixed Sub, April 29<sup>th</sup> thru April.02 Chicken Salad

Mon. & Wed. Garden Salad & Cub Pack. Tuesday & Thursday Tiger Pack

**THERE IS NO CHARGING OF ANY ALACARTE ITEMS, ONLY WITH MONEY ON ACCOUNT** Any questions feel free to contact Pat Metzler 518-794-7600, opt.2,opt7