

Monday



Tuesday



Wednesday



Thursday



Friday

Breakfast
Egg Hash Brown w/cheese **4**
Juice & Fruit
Lunch
Chili w/bread
Black Bean
Fruit

Breakfast
Breakfast Bowl **5**
Juice & Fruit
Deli Day
Turkey/Cheese & Ham/cheese
Chips, Raw Carrots, Pickles
Fruit

Breakfast
Banana Split **6**
Juice & Fruit
Lunch
Chicken Nuggets w/Bread
Black Bean /Tomato Salad
Fruit

Breakfast
Pancake Tacos **7**
Juice & Fruit
Lunch
Baked Goulash
Green Beans
Fruit

Breakfast
Cereal or Pop Tart
Fruit & Juice **1**
Lunch
Cheese Pizza
Steamed Broccoli
Fruit

Breakfast
Breakfast Pizza **8**
Fruit & Juice
Lunch
Cheese Pizza
Steamed Broccoli
Fruit

Breakfast
Warm Muffin **11**
Juice & Fruit
Lunch
Orange Chicken
Over Brown Rice
Broccoli
Fruit

Breakfast
Bagel w/cc **12**
Juice & Fruit
Lunch
Crispy Chicken Wraps
Steamed Carrots
Fruit

Breakfast
Hot Breakfast **13**
Juice & Fruit
Lunch
Chicken Nuggets
Brown Rice & Corn
Fruit

Breakfast
Bagel w/cc **14**
Juice & Fruit
Lunch
Grilled Ham and Cheese
Green Salad
Fruit

Conference Day
No Classes **15**

Breakfast
Warm Muffin **18**
Juice & Fruit
Lunch
Taco Wrap
Seasoned Black Beans
Fruit

Breakfast
Bagel w/cc **19**
Juice & Fruit
Lunch
Cheesburger on a Bun
Baked Fries
Fruit

Breakfast
Hot Breakfast **20**
Juice & Fruit
Lunch
Chicken Nuggets w/Bread
Sweet Corn
Fruit

Breakfast
Bagel w/cc **21**
Juice & Fruit
Lunch
Italian Grilled Cheese w/sauce
Raw carrots
Fruit
1

Breakfast
Cereal or Pop Tart **22**
Fruit & Juice
Lunch
Cheese Pizza
Steamed Broccoli
Fruit

Breakfast
Warm Muffin **25**
Juice & Fruit
Lunch
Sloppy Joe on a Bun
Brown Rice & Green Beans
Fruit

Breakfast
Bagel w/cc **26**
Juice & Fruit
Brunch 4 Lunch
French Toast bites,
Hash Brown Sausage
Fruit

Breakfast
Hot Breakfast **27**
Juice & Fruit
Lunch
Chicken Nuggets w/Bread
Sweet Corn
Fruit

Breakfast
Bagel w/cc **28**
Juice & Fruit
Lunch
Cheese Pizza
Spinach
Fruit

No School **29**

Must take a fruit or Vegetable daily. Menu is subject to change. FF & 1% milk available. Daily:: PBJ
Mar.04 thru. Mar.08th Chicken Salad, Mar.11 thru Mar.15, Ham & Cheese, Mar.18th thru March 22, Mixed Sub, Mar. 25th thru Mar.29th
Mon. & Wed. Garden Salad & Cub Pack. Tuesday & Thursday Tiger Pack, Thursday Chicken Nuggets

THERE IS NO CHARGING OF ANY ALACARTE ITEMS, ONLY WITH MONEY ON ACCOUNT Any questions feel free to contact Pat Metzler 518-794-7600, opt.2,opt7