

2024

NOVEMBER

Walter B Howard Elementary

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

First meal Free to all students again this year Any Questions feel free to contact : Pat Metzler 518-794-7600, Opt .2. Opt.7 or email :pmetzler@newlebanoncsd.,

11/04-11/08 Turkey & Cheese
 11/11-11/15 Bologna
 11/18-11/22 Ham & Cheese Sub
 11/25/-11/26 Bologna & Cheese

Daily Menu: Peanut butter & Jelly
Mon. & Wed. : Cub Pack
Tues. & Thurs.: Tiger Pack
Wednesday: Chef Salad

1
 No School
 Conference Day

4
Breakfast
 Warm Muffins
 Juice & Fruit
Lunch
 Chicken Nuggets
 Steamed Brown Rice
 Zucchini & Fruit

5
Breakfast
 French toast Casserole
 Juice & Fruit
Lunch
 Taco Bake
 Seasoned Black Beans
 Fruit

6
Breakfast
 Bagel w/ Cream Cheese
 Juice & Fruit
Lunch
 Turkey over Mashed Potatoes
 Sweet Corn
 Fruit

7
Breakfast
 Warm Muffins
 Juice & Fruit
Lunch
 Crispy Chicken Wrap
 Raw Carrots w/dipping
 Fruit

8
Breakfast
 Cereal or WG Pop Tart
 Juice & Fruit
Lunch
 Cheese Pizza
 Fresh Romaine Salad
 Fruit

11
 Veterans
 Day

12
Breakfast
 Egg ,Ham & Cheese Wrap
 Juice & Fruit
Lunch
 Taco Salad w/sour cream, L,T,, salsa
 Seasoned Black Beans
 & Fruit

13
Breakfast
 Bagel w/ Cream Cheese
 Juice & Fruit
Lunch
 Shepard Pie
 Cucumber Slices w/ranch
 Fruit

14
Breakfast
 Warm Muffins
 Juice & Fruit
Lunch
 Chicken Ramen noodles
 Steamed Carrots
 Fruit

15
Breakfast
 Cereal or WG Pop Tart
 Juice & Fruit
Lunch
 Cheese Pizza
 Fresh Romaine Salad
 Fruit

18
Breakfast
 Warm Muffins
 Juice & Fruit
Lunch
 Chicken Nuggets
 WG Mini Chocolate Rice Cakes
 Green Beans & Fruit

19
Breakfast
 Sausage, Egg & Cheese Wrap
 w / Salsa
 Juice & Fruit
Lunch
 Walking Taco w/sour cream, salsa,L,T
 Seasoned Refried Beans & Fruit

20
Breakfast
 Bagel w/ Cream Cheese
 Juice & Fruit
Lunch
 Toasted Cheese Croissant
 Tomato Soup &
 Raw Carrots & Fruit

21
Breakfast
 Warm Muffins
 Juice & Fruit
Lunch
 Philly Quesadilla w/pepper/onions
 Corn on the Cob
 Fruit

22
Breakfast
 Cereal or WG Pop Tart
 Juice & Fruit
Lunch
 Cheese Pizza
 Fresh Romaine Salad
 Fruit

25
Breakfast
 Warm Muffins
 Juice & Fruit
Lunch
 Chicken Nuggets
 WG Mini Chocolate Rice Cakes
 Green Beans & Fruit

26
Breakfast
 Breakfast Egg & Cheese Wrap
 w / Salsa
 Juice & Fruit
Lunch
 Taco Wrap w/sour cream, salsa
 Black Beans/Tomato Salad & Fruit

27
**Vacation
 No School**
**THERE IS NO CHARGING OF ANY
 ALACARTE ITEMS, ONLY WITH
 MONEY ON ACCOUNT**

28
**Happy
 Thanksgiving**

29
**Vacation
 No School**
 Menu subject to change