

2022 Berkshire County Individuals

Welcome to the 2022 BerksTaconic Hillshire County Individuals. Here are a few things to consider.

- Please enter the building from the front door
- There will be **no** spectators allowed this year due to Covid protocols.
- There will be **no** concession stand so please bring enough food and drinks for the day.
- **Masks** must be worn at all times unless you are swimming.
 - We encourage everyone to have a zip lock bag with their name on it so it won't get wet on the pool deck
 - There will be a basket behind each lane to put your zip locked mask in
- The meet will be live streamed on the following link:
<https://www.facebook.com/NewLebanonCentralSchoolDistrict/>
- Each school has been assigned a classroom for when they are not swimming. The classrooms are as follows (I will have signs posted outside of the classroom):
 - Band Room: New Lebanon
 - 119: Taconic Hills
 - 123: Mt. Anthony
 - 141: Monument Mt.
 - 139: Wahconah
 - 138: Pittsfield
 - 135: Taconic

*We will try to have the smart boards on in the rooms so the teams can live stream the meet.

- Swimmers will be called down (on a walkie-talkie) to the gym where they will be put into their heat and lane assignments.
 - We will not be holding up the meet for swimmers so please make sure you are paying attention and ready to go.
- The warm-up times are as followed:

Time	Lane(s)
9:00-9:25	
Taconic Hills	1
Wahconah	2-3
New Lebanon/Berlin	4
9:30-9:50	
Mt. Anthony	1-2
Taconic	3-4
9:55-10:15	
Monument Mt	1-2
Pittsfield	3-4

PLEASE BRING FOOTWEAR!



THE STAIRS CAN GET SLIPPERY