New Lebanon Counseling Plan – 2026-27

Our goal is to provide strategies and support that will prepare our students to participate effectively in their current and future educational programs in manners appropriate to their ages. Specific areas to be addressed are: Career and College Readiness, Academic and Social/Emotional Development and Assistance to Students Who May Exhibit Challenges to Academic Success.

<table>
<tr><th>Suggested activities (by grade bands)</th><th>Access to certified school counselor (by grade bands)</th><th>Program, curriculum and professional development -- K-12</th><th>Evaluation methods</th><th>Program Outcomes</th></tr>
<tr><td>K-4

--Identification of jobs and careers in the community
-- Tiger Jam
--Interventions
--Meeting the Needs of Our Students meetings
--Mindfulness</td><td>K-4
When requested by the school psychologist or WBH principal. The school counselor will provide guidance in the creation of programs, consultation regarding student needs, and direct services</td><td rowspan="3">--Activities and opportunities included in the District Professional Development Plan
--Columbia County Counselors Association meetings and planned activities with PD to assist counseling students
--Questar webinars for up and coming careers in the Capital District
--Various webinars on updates to the SUNY system, College/Career trends, and other needs
--Review of District counseling crisis plan
--Social Emotional Learning (SEL) Curriculum development projects
--”Take What You Need” wall and closet with various toiletries and clothes for students (availability of products are subject to change due to access to donations)
--Facilitate Outspoken! student group for interested students in 7-12 to assist with student led activities and initiatives to implement for climate/ culture</td><td rowspan="2">K-6
The Health and Safety Committee, with input from the RtI team if requested, will comprise the Counseling Plan Advisory Council. The Council will meet during the first quarter of the school year and again during the third quarter of the school year to assess the Counseling Plan’s results. The council will evaluate participation, discipline data and academic indicators to provide their outcomes analysis of the plan’s support for its goal. The council’s yearly report to the Board of Education will be expressed in the outcomes portion of this document.</td><td rowspan="2">K-6
All students participated in the career day and created career plans. All students participated in Tiger Jam and learned how to be mindful, in support of their academic and social/emotional development.</td></tr>
<tr><td>5 & 6

--Career exploration projects
--PBIS & Tiger Jam
--Interventions
--Grade 7 transition plan & activities
--Mindfulness</td><td>5 & 6
The school counselor will assist students in making course selections for 7th grade, aligned with career plans, and will provide advice as requested to the teachers and principals with respect to identifying students for acceleration or for support services.</td></tr>
<tr><td>7-12

Individual student 4-year plans</td><td>7-12

All students will have daily access to a certified School</td><td>7-12

The Child Study Team will comprise</td><td>7-12

Students explored work-based-learning as part of</td></tr>
</table>

Grade 7 & 8 CTE curricula College Caravan & College Fairs Individual College & Military representative meetings Business partnerships & field trips Instant admissions programs Financial Aid and FAFSA nights for parents and students (12th grade) Transition to HS meetings for 8th graders College in the high school program Resume writing curriculum integration College and Career Prep Night- 11th Career Jam- 11th and 12th graders PSAT Info Presentation (students)- ELA 11	Counselor. The school counselor hosts a website that can be navigated to through the NLCSD website Calming Corner available for students who do not need to speak with an adult but require a space to decompress		the Counseling Plan Advisor Council and will meet during the first quarter of the school year and again during the third quarter of the school year to assess the Counseling Plan's results. The Council will evaluate participation, discipline data and academic indicators to provide their outcomes analysis of the plan's support for its goal. The council's yearly report to the Board of Education will be expressed in the outcomes portion of this document.	pursuit of a CDOS credential or Skills and Achievement credential. Physical Education and Counseling worked with Twin Counties in order to provide additional counseling support (in classroom lessons and 1:1 counseling grades 4-12) *Outspoken!* students participated in Questar's Improving Schools through Student Empowerment Seminars with other schools from Rensselaer and Columbia County to develop plans to have student-led discussions for DEI.

Post-High School Process Presentation for 12th grade parents and students Rensselaer Education Center CTE Presentation and Fieldtrip- 10th Grade Leadership Seminars Nomination- HOBY (University at Albany) and Rotary Youth Leadership (Mount St. Mary College)- 10th grade. Parent/Teacher Meetings with both JR and SR High teachers WBH 6th Grade Transition Programming				