

### New Lebanon Counseling Plan – 2022-23

*Our goal is to provide strategies and support that will prepare our students to participate effectively in their current and future educational programs in manners appropriate to their ages. Specific areas to be addressed are: Career and College Readiness, Academic and Social/Emotional Development and Assistance to Students Who May Exhibit Challenges to Academic Success.*

Suggested activities (by grade bands)	Access to certified school counselor (by grade bands)	Program, curriculum and professional development -- K-12	Evaluation methods	Program Outcomes
<p style="text-align: center;">K-4</p> <p>--Identification of jobs and careers in the community                      --PBIS and Tiger Jam                      --Rtl review &amp; interventions                      --Meeting the Needs of Our Students meetings                      --Mindfulness                      --Grade 4 social-emotional surveys                      --social/emotional learning co-teach</p>	<p style="text-align: center;">K-4</p> <p>The school counselor is part of the District counseling team and will provide guidance as needed in the creation of programs, consultation regarding student needs and direct services if requested by the WBH psychologist or principal. The school counselor will maintain documentation of student career plans</p>	<p>--Activities and opportunities included in the District Professional Development Plan                      --Columbia County Counselors Association meetings and planned activities for students (ie. Career Day)                      --CASDA Roundtable Discussions                      --Questar webinars for up and coming careers in the Capital District                      --Various webinars on updates to the SUNY system                      --Faculty meetings                      --School climate initiatives related to creation and maintenance of a productive educational environment</p>	<p style="text-align: center;">K-6</p> <p>The Health and Safety Committee, with input from the Rtl team if requested, will comprise the Counseling Plan Advisory Council. The Council will meet during the first quarter of the school year and again during the third quarter of the school year to assess the Counseling Plan's results. The council will evaluate participation, discipline data and academic indicators to provide their outcomes analysis of the plan's support for its goal. The council's yearly report to the Board of Education will be expressed in the outcomes portion of this document.</p>	<p style="text-align: center;">K-6</p> <p>All students participated in the career day and created career plans. All students participated in Tiger Jam and learned how to be mindful, in support of their academic and social/emotional development. All students participated in weekly team-building activities and lessons, supporting their academic and social/emotional development.</p>
<p style="text-align: center;">5 &amp; 6</p> <p>--Career exploration projects                      --PBIS &amp; Tiger Jam                      --Rtl review &amp; interventions                      --Meeting the Needs of Our Students meetings                      --social/emotional surveys                      --Grade 7 transition plan &amp; activities                      --Mindfulness</p>	<p style="text-align: center;">5 &amp; 6</p> <p>In addition to the access provided to grades K-4, the school counselor will directly plan all transition activities with the grades 5/6 teachers and the principals. The school counselor will assist students in making course selections for 7th grade, aligned with career plans, and will provide advice as requested to the principals with respect to identifying students for acceleration or for support services.</p>	<p>--Yearly development of the Tiger Jam program                      --Ongoing training in mindfulness activities. Support for the introduction of these activities into grades 7- 12                      --Review of District counseling crisis plan                      --Social Emotional Learning (SEL) Curriculum development projects                      --Curriculum support by embedded staff developers</p>		<p>Data was gathered from students in grades 4-6 regarding their social/emotional wellbeing. This data informed district initiatives.</p>

<p>7-12</p> <p>Individual student 4-year plans</p> <p>Grade 7 &amp; 8 CTE curricula</p> <p>“Future Job Fridays” for 12th graders in partnership with Questar</p> <p>Focus2 Career Assessment with 11th graders through partnership with Columbia- Greene Community College</p> <p>Career Jam Virtual and In- Person conferences (Siena College) for grades 8 and 9 through partnership with Questar</p> <p>College Caravan &amp; College Fairs</p> <p>Individual College &amp; Military representative meetings</p> <p>Business partnerships &amp; field trips</p> <p>Instant admissions programs</p> <p>Financial Aid night</p>	<p>7-12</p> <p>All students will have daily access to a certified School Counselor.</p> <p>The School Counselor has a Google Classroom for students in grades 7-12 with various resources listed</p> <p>There is also a website available that can be navigated to through the NLCSD website</p> <p>If an adult is not available to support a student in distress, they have access to the “cozy corner” in the Counseling Office while waiting</p>	<p>Mental Health Curriculum to be developed &amp; implemented in 2022- 2023</p> <p>--Equity and Inclusivity Group membership with district wide faculty and staff</p> <p>--Character Education is taught as an every other day class to most 7th graders. This is a co-teach model with a member of our ELA department and school psychologist when she is available.</p> <p>--”Take What You Need” wall and closet with various toiletries and clothes for students (availability of products are subject to change due to access to donations)</p>	<p>7-12</p> <p>The Child Study Team will comprise the Counseling Plan Advisor Council and will meet during the first quarter of the school year and again during the third quarter of the school year to assess the Counseling Plan’s results. The Council will evaluate participation, discipline data and academic indicators to provide their outcomes analysis of the plan’s support for its goal. The council’s yearly report to the Board of Education will be expressed in the outcomes portion of this document.</p>	<p>7-12</p> <p>Data was gathered from students in grades 7-12 regarding their social/emotional wellbeing through a “Needs Assessment” conducted at the beginning of the school year. This data informed district initiatives.</p> <p>Students participated in the plan as described. In addition, students explored work-based-learning as part of pursuit of a CDOS credential or Skills and Achievement credential.</p> <p>Students in grades 7-12 participated in a SEL curriculum as implemented by teachers, school psychologists and the school counselor. The Mental Health Team continues to push into classrooms at least once per month to teach these SEL lessons.</p> <p>Members of the Mental Health Team are currently working on a curriculum with classroom teachers to push out on a monthly basis in the form of restorative circles. This will be in addition to the SEL curriculum.</p> <p>Mental Health Team worked</p>
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<p>Transition to HS meetings</p> <p>College in the high school program</p> <p>Resume writing curriculum integration</p> <p>Ongoing character education initiatives</p> <p>College and Career Prep Night- 11th</p> <p>Career Day at CGCC- 10th graders</p> <p>PSAT Info Presentation (students)- ELA 11</p> <p>Senior Year College and Career Prep (students)- ELA 11</p> <p>College Application Process Presentation for parents and students- ELA 12</p> <p>Rensselaer Education Center CTE Presentation and Fieldtrip- 10th Grade</p> <p>Intro to College Application Process presentation with CGCC Assistant Dean</p>				<p>with Erik Swift from Columbia- Country Mental Health in order to provide additional mental health counseling to students in need for grades 7-12</p>
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<p>of Enrollment Management- 10th and 11th graders</p> <p>Leadership Seminars Nomination- HOBY (Oneonta State) and Rotary Youth Leadership (Mount St. Mary College)- 10th grade.</p> <p>AP Program- 11th and 12th grade</p> <p>Team Meetings with both JR and SR High teachers</p> <p>WBH 6th Grade Transition Programming</p>				
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